



STATE PLAN COMMITTEE
MEETING NOTICE/AGENDA

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MEETING CODE:	8610332

DATE: November 9, 2015

TIME: 10:00 a.m. – 4:30 p.m.

LOCATION: State Council on Developmental Disabilities
1507 21st Street, Suite 210
Sacramento, CA 95811
916/322-8481

TELECONFERENCE LOCATION(S):

Tri Counties Regional Center
2401 East Gonzales Road, Suite 100
Oxnard, CA 93036
(805) 485-3177

Visalia Adult Integrated Clinic
520 E. Tulare Ave
Visalia, CA 93292
(559) 623-0486

Palo Verde District Library of Central Valley
Blythe, CA 92225
(760) 922-5371

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For additional information regarding this agenda, please contact Michael Brett, 1507 21st Street, Ste. 210, Sacramento, CA 95811, (916) 322-8481. Documents for an agenda item should be turned in to SCDD no later than 12:00 p.m. the day before the meeting to give members time to review the material. The fax number is (916) 443-4957

Michael Brett at 916/322-8481 or michael.brett@scdd.ca.gov . Requests must be received by 5 pm on November 3, 2015.

AGENDA

Page

* See Note below last agenda item

- | | | |
|--|------------------|----|
| 1. CALL TO ORDER | N. Clyde | |
| 2. ESTABLISH QUORUM | N. Clyde | |
| 3. WELCOME/INTRODUCTIONS | N. Clyde | |
| 4. APPROVAL OF OCTOBER 5, 2015 MINUTES | N. Clyde | 3 |
| 5. PUBLIC COMMENTS | | |
| <i>This item is for members of the public only to provide comments and/or present information to the Council on matters not on the agenda. Each person will be afforded up to three minutes to speak. Written requests, if any, will be considered first.</i> | | |
| 6. DISCUSSION OF POSSIBLE STATE PLAN GOALS AND OBJECTIVES | F. Fernandez/All | |
| 7. WORKING NOTES FROM 10/22/15 SPC MEETING | All | 11 |
| 8. ADJOURN | N. Clyde | |

*NOTE: For this meeting and meetings up to 12/14/15, please refer to the SPC packet dated 10/22/15 for packet materials that will be used in ongoing State Plan development meetings through December 2015.

**4. APPROVAL OF
OCTOBER 5, 2015
MINUTES**



DRAFT
State Plan Committee Meeting Minutes
DATE: October 5, 2015

Attending Members

Jonathan Clarkson
Nancy Clyde (SA)
Janelle Lewis (FA)
Rebeca Donabed (SA)
Sandra Smith (FA)
Sandra Aldana (SA)

Members Absent

Carmela Garnica (FA)
Robin Hansen

Others Attending

Bob Giovati
Janet Fernandez
Dawn Morley
Michael Brett
Tom Heinz
Mark Jackson
Amy Westling
Alex Morales
Anastasia Dodson

1. CALL TO ORDER

Chairperson Nancy Clyde (SA) called the meeting to order at 10:00 a.m.

2. ESTABLISH QUORUM

A quorum was established.

3. WELCOME/INTRODUCTIONS

Chairperson Clyde (SA) started the introductions.

4. APPROVAL OF THE AUGUST 24, 2015 MINUTES

It was moved/seconded (Smith)(FA), (Donabed)(SA) and carried to approve the August 24, 2015 meeting minutes with corrections. There were no abstentions. (All in favor. See attendance list for voting members)

The following corrections need to take place:

- On page 1 of the minute attendance list, 'FA' and 'SA' need to be added by all committee member names.

Legend

SA = Self-Advocate

FA = Family Member

- On page 4 of the minutes, 'Ms.' needs to be changed to 'Dr.' to reflect the official/public record title for Dr. Sandra Aldana (SA).
- On page 4/last paragraph, the word 'theme' needs to be replaced with 'thematic analysis.'

5. PUBLIC COMMENTS

Chairperson Nancy Clyde (SA) requested staff create a plain language summary explaining travel and per diem reimbursement policies. Especially, for per diem that is given to Council/Committee members that is less than a 24-hour period.

6. DISCUSSION OF SURVEY

a. Update on Survey Analysis Results:

Dr. Sandra Aldana (SA) discussed, with the committee, the updates/progress to the Survey Analysis Results:

- During this analyzing period, Dr. Aldana (SA) is managing six volunteer students.
- Spanish data is strong, with 60 responses. 20 surveys were standard and 40 surveys were incorporated into another questionnaire which included age and other more detailed demographic information. Majority of survey responses are from Family Members and 3 adults with disabilities.
- Currently, the data set began on September 10, 2015 with the following results: Child care at 17, Education and Early Intervention at 38, Employment at 8, Formal/Informal Supports at 25, Health at 6, Housing at 7, Quality Assurance at 8, Recreation at 16, Safety/Abuse Prevention at 7, Self-Determination at 8, Transportation at 10, and Other at 12.
- During this observation period, the following trend was noted: People may not identify/check a topic as an "area of greatest need". For example, the first question for Transportation is not checked, however, in the narrative, Transportation is stated as a barrier with which the State Council can better help people with intellectual and developmental disabilities.

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- For Designation of Child Care/Formal and Informal Supports, information provided in the narrative responses indicates respite issues or need for respite.
- “Coding” will be used to identify key words which will synthesize responses into general themes/thoughts/ideas.
- Training requests for parenting classes and guidance for raising a child with developmental disabilities.
- “Other” responses included the following: Need for emotional support/new parents looking to medical science/medication as a cure-all for autism diagnosis. One response from the survey stated, “I like to dance,” which may imply a request for recreation or health. Inadequate number of service coordinators was also identified.
- Additional discussions took place with the committee on system-wide high caseload ratios, high staff turnover, and inadequate training for regional center staff in making referrals to appropriate resources for training requests.

b. Translation Languages

A discussion took place with Janet Fernandez, staff, on the State Plan survey translated into 16 different languages (including Spanish). It was also discussed that the State must use a certified translation service.

c. Current Results

Located in the SPC Packet on page 14 is the State Plan Survey Response chart. Mrs. Fernandez went over the chart with the committee. Committee members had one area of concern with it and recommended a potential objective:

- **Concern:** The autism “bubble” and the increasing numbers of individuals with autism. These individuals face isolation after leaving the school system along with current limits imposed on adult regional center clients who request services for improved social skills.

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- Potential objectives for adults with autism: System advocacy, convene stakeholder groups, and increasing training time/opportunities for social skills development.

Below are the components of the State Council's goals and objectives for the State Plan. Also, is the information to be available to the committee for the duration of the State Plan development process:

- Cultural, racial, ethnic, or linguistic diversity
- Unserved and Underserved Populations. For example, economically disadvantaged non-English speaking or where English is not the primary language.
 - Subpopulations of people with I/DD who may be underserved or those requiring assistive technology in geographically isolated or underserved areas.
- Capacity building.
- Systems change.
- Self Advocacy and Self-Determination.

Under this agenda item, the committee also discussed the timeline document and discussed the writing of smart goals that are specific, measurable, attainable, realistic, and timely.

7. COMPREHENSIVE REVIEW & ANALYSIS

Mrs. Fernandez briefed the committee that the hard deadline for the PPR and State Plan Amendment Update is December 31, 2015.

8. SPEAKERS

Per request of the committee, staff organized several presentations from various organizations/state agencies. This was orchestrated for the purpose of identifying emerging or ongoing issues and concerns throughout the state for family and self-advocates in several federal areas of emphasis.

a. Tom Heinz, East Bay Innovations

Legend

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Tom Heinz gave a PowerPoint presentation that dealt with the goal area (federal area of emphasis) of Housing. Information was provided on potential strategies for system advocacy at the local level and strategies that have worked for other individuals.

Some of these strategies are: Housing choice vouchers or being placed on an enrollment list for upcoming or under-construction housing.

- Recommendations/Requests:
 - Include the 811 fact sheet in the SPC Packet.
 - Have a discussion with CalHFA and DCHS on long-term care/open definition of eligibility.

To view the full Microsoft PowerPoint presentation, please go to the following link:

<http://www.scdd.ca.gov/res/docs/pdf/State%20Plan/2015/HQ-%20East%20Bay%20Innovations%20Presentation.pdf>

b. Mark Jackson, Extraordinary Ventures

Executive Director Mark Jackson gave a PowerPoint presentation that dealt with the goal area (federal area of emphasis) of Housing. This presentation identified the following issues: disparity of units and available housing/needs.

During Mr. Jackson's presentation, the committee interacted with the speaker in the following areas:

- Recommendations/Requests:
 - Education and advocacy around rights.
 - Assist families with planning for future options.
 - Stakeholder group: Establish a plan (no known statewide housing plan) on access demand and identify/document.
- Potential legislation:
 - Advocate for more rental vouchers.
 - Pilot program for innovative funding.

Legend
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FA = Family Member

To view the full Microsoft PowerPoint presentation, please go to the following link:

<http://www.scdd.ca.gov/res/docs/pdf/State%20Plan/2015/HQ-%20Extraordinary%20Ventures%20Presentation%20.pdf>

c. Amy Westling, ARCA

Director of Policy Amy Westling, who is from Association of Regional Center Agencies, gave a PowerPoint presentation that dealt with the goal area of (federal area of emphasis) Formal and Informal Community Supports. She provided a system overview, history, and information on the recent legislative session and potential impacts to the service system. In addition, Ms. Westling described changes to the system, including Home and Community-Based Service Waivers, Self-Determination program, and the focus on employment/impact to services.

- Recommendations/Requests:
 - Update funding levels and formulas that were developed in a different time.
 - Support funding system changes.

To view the full Microsoft PowerPoint presentation, please go to the following link:

<http://www.scdd.ca.gov/res/docs/pdf/State%20Plan/2015/HQ-%20ARCA%20Presentation.pdf>

d. Alex Morales, CalTrans

Alex Morales, who is the CalTrans ADA (Americans with Disabilities Act) Coordinator, gave a presentation that dealt with the goal area (federal area of emphasis) of Transportation. The ADA is 25 years old and is a comprehensive piece of legislation that addresses both civil rights and building codes.

- Recommendations/request:

Legend

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- Administrative requirements are key and necessary for *all* public agencies: Communities and services, including those online, must be entirely accessible to all people.
- Transportation has been identified as a major barrier to accessing services.
- Partner with CalTrans, as the oversight agency, to proactively address accessibility issues.

To view the full Microsoft PowerPoint presentation, please go to the following link:

<http://www.scdd.ca.gov/res/docs/pdf/State%20Plan/2015/HQ-%20CalTrans%20Presentations.pdf>

e. Dr. Anastasia Dodson, DHCS

Dr. Anastasia Dodson gave a presentation that dealt with the goal area (federal area of emphasis) of Health. DHCS is the State Agency responsible for multiple federally funded programs. Dr. Dodson went over a handout she presented to the committee/staff. She continued to go over information regarding Medi-Cal Coverage of Persons with Developmental Disabilities.

- **Recommendations/request:**
 - Committee noticed there was outdated language in the presentation. This language needs to reflect current terminology of Intellectual and Developmental Disability.
 - The State Council should educate communities about programs and provide information that is collected from the State Plan survey. It should also be addressed at the local regional level in order to inform DHCS on these issues relating to the implementation of programs. These programs are: Medi-Cal Managed Care, behavior health therapy/co-pays, Cal Medi-Connect, and long term support/programs in specified areas of the state like the Coordinated Care Initiative.

Legend
 SA = Self-Advocate
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9. NEXT MEETING

Committee and staff discussed and decided on future meeting dates:

Meeting Dates

Thursday, 10-22-15 (11am to 4pm)

Monday, 11-9-15 (10am to 4:30pm)

Monday, 11-16-15 (10am to 4:30pm)

Monday, 12-7-15 (10am to 4:30pm)

Monday, 12-14-15 (10am to 4:30pm)

10. GOAL DISCUSSION (Time permitted)

This agenda item will be discussed at the next meeting, which is planned for October 22, 2015.

11. ADJOURN

Meeting adjourned at 3:50 p.m.

Legend

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7. WORKING NOTES FROM 10/22/5 SPC MEETING

2017-2022 State Plan

State Plan Committee:

Goals and Objectives Development Process

Section 102 (2): Federal Areas of Emphasis

*** Quality assurance**

1. Employment

*** Childcare**

4. Health Care

3. Education and Early Intervention

5. Housing

*** Transportation**

*** Recreation**

2. Formal and informal community supports

*** Safety/Abuse Prevention**

*** Infused throughout goals/objectives**

Assistive Technology

Self-Advocacy

Diverse Populations

Un-served and Underserved - Section 124(c)(C)(iii)

(C) an analysis of the extent to which community services and opportunities related to the areas of emphasis directly

benefit individuals with developmental disabilities, especially with regard to their ability to access and

¹⁴ use services provided in their communities, to participate in opportunities, activities, and events offered in their communities, and to contribute to community life, identifying particularly - (iii) the barriers that impede full participation of members of unserved and underserved groups of individuals with developmental disabilities and their families;

Goal 1: Californians will receive the necessary information, tools and supports to invest in and increase inclusive and gainful work opportunities for people with developmental disabilities.

Objectives:

1. Employers, governmental & community-based agencies (collaboration)
2. Family & self-advocates
3. Diverse populations

Outcomes/Outputs:

1. More people (w/ I/DD) employed (ICE)

*** Invite EFC/CECY members to weigh in by phone @ next meeting.**

Federal Area of Emphasis: Employment

Goal 2: People with I/DD have access to affordable and accessible housing that provides control, choice and flexibility regarding where and with whom they live.

Objectives:

- 1. General (housing) asset/bequest assignment (training/outreach)**
- 2. Parent/Self-Advocate training**
- 3. Open up 811 HUD funding (institutional deeming)**
- 4. Legislative initiatives (e.g. financial/tax incentives)**
- 5. Accessibility**

Outcomes/Outputs:

Federal Area of Emphasis: Housing

Goal 3: Californians w/ I/DD will have increased access to health care services that meet their needs and preferences.

Objectives:

1. Availability of Medicare/MediCal providers/insurance coverage
2. Accessibility (e.g. transportation, knowledgeable providers, etc.)
3. Durable equipment (e.g. assistive language devices, wheelchairs, etc.)
4. Preventative/Mental/Dental Health (Recreation crossover)
5. Disparity (language/cultural)

Outcomes/Outputs:

Federal Area of Emphasis: Health

**Health: Quantitative studies to
support legislative initiatives,
agency petitions, etc.**

Goal 4: People with I/DD and their families will have increased information, training & guidance to obtain inclusive education services throughout the lifespan.

Objectives:

- 1. Diagnosis/early intervention**
- 2. Education/Parent Training & Support**
- 3. Transition**
- 4. PSE**
- 5. Vocational training/supports**

Outcomes/Outputs:

***Disparity, Self-Advocacy, Assistive Technology
Federal Area of Emphasis: Education/Early Intervention**

Goal 5: People with I/DD and their families have access to community-based services and supports available to the general population.

Objectives:

- 1. Respite/Child Care**
- 2. Transportation**
- 3. Recreation**

Outcomes/Outputs:

Federal Area of Emphasis: Formal/Informal Community Supports

Goal:

Objectives:

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Outcomes/Outputs:

Federal Area of Emphasis:

