

# Revised 5-Year State Plan (2011-16)

Goal 1	SELF-ADVOCACY	Individuals with developmental disabilities have the information, skills, opportunities and support to advocate for their rights and services and to achieve self-determination, independence, productivity, integration and inclusion in all facets of community life.
	1.1	The Council will train, support and empower 1,450 self-advocates and continue to promote stability and expansion of the statewide self-advocacy network through financial and in-kind support. This will include cross-disability and youth disability organizations.
Goal 2	RIGHTS TRAINING & ADVOCACY	Individuals with developmental disabilities and their families become aware of their rights and receive the supports and services they are entitled to by law across the lifespan, including early intervention, transition into school, education, transition to adult life, adult services and supports, and senior services and supports.
	2.1	At least 1,700 individuals with developmental disabilities and their families (100 of whom will be non-English speaking) and support/professional staff will increase knowledge and skills so as to effectively access needed educational and/or community-based services through at least 50 trainings, conferences, workshops, webinars, and/or resource materials developed by the Council on topics such as rights under IDEA, California's Lanterman Act, etc. annually. Training outreach efforts will reach a minimum of 25 local schools, Special Education Local Plan Areas (SELPA), Community Advisory Committee (CAC)s, Family Resource Centers, provider organizations and others in order to improve outcomes for youth and adults with developmental disabilities.
Goal 3	QUALITY ASSURANCE & INNOVATION	Individuals with developmental disabilities and their families express the degree to which they are satisfied with their services and the extent to which they feel their needs are being met.
	3.1	On a statewide and local level, the Council will advocate and promote innovation in service delivery including but not limited to self-determination.
Goal 4	PUBLIC SAFETY OUTREACH	Public safety agencies, other first responders and the justice system get information and assistance to be knowledgeable and aware of the needs of individuals with developmental disabilities so they can respond appropriately when individuals with developmental disabilities may have experienced abuse, neglect, sexual or financial exploitation or violation of legal or human rights.
	4.1	The Council will maintain or develop collaborative relationships with local law enforcement agencies and others to improve the awareness and education of public safety personnel and the justice system on the unique needs of individuals with developmental disabilities.

<b>Goal 5</b>	<b>EMERGENCY PREPAREDNESS</b>	<b>Individuals with developmental disabilities and their families get the information to be prepared for emergencies.</b>
	<b>5.1</b>	<b>At least 300 individuals and families will be prepared in case of an emergency through the efforts of the Council in collaboration with others.</b>

<b>Goal 6</b>	<b>ADULT TRANSITION</b>	<b>Young adults with developmental disabilities and their families get the information and support to be prepared for and experience a successful transition to adult life.</b>
	<b>6.1</b>	<b>Students with developmental disabilities and their families will receive information, advocacy and support during transition to adult life.</b>

<b>Goal 7</b>	<b>EARLY START</b>	<b>Children birth to 3 who are at risk of, or have, a developmental delay and their families receive the early intervention services they need to achieve their potential.</b>
	<b>7.1</b>	<b>Parents of young children and professionals who work with them will learn to navigate the service system and understand their rights through 5 annual trainings and materials presented by the Council. The Council will continue to work with its federal partners and other community-based advocacy organizations to provide advocacy to parents who face barriers in accessing education and community-based services.</b>

<b>Goal 8</b>	<b>EMPLOYMENT FIRST</b>	<b>The State of California will adopt an Employment First policy which reflects inclusive and gainful employment as the preferred outcome for working age individuals with developmental disabilities.</b>
	<b>8.1</b>	<b>The State Council's Employment First Committee will continue to identify strategies and monitor progress towards implementation of the employment first policy.</b>

<b>Goal 9</b>	<b>EMPLOYMENT/PSE ADVOCACY</b>	<b>Working age adults with developmental disabilities have the necessary information, tools and supports to succeed in inclusive and gainful work opportunities.</b>
	<b>9.1</b>	<b>Individuals with developmental disabilities, their families and others who support them are informed about the benefits and opportunities of employment and post-secondary educational (PSE) options through 10 trainings, workshops, webinars, and/or conferences, annually.</b>

<b>Goal 10</b>	<b>HEALTH</b>	<b>Individuals with developmental disabilities understand their options regarding health services and have access to a full range of coordinated health, dental and mental health services in their community.</b>
	<b>10.1</b>	<b>Self-advocates, family members and advocates will receive information/training on, Medi-Cal (Medicaid) managed care and the implementation of the 1115 waiver and other health-related initiatives, including the availability of alternative sources for free or low cost health care services.</b>

<b>Goal 11</b>	<b>HOUSING ACCESS</b>	<b>Individuals with developmental disabilities have access to affordable and accessible housing that provides control, choice and flexibility regarding where and with whom they live.</b>
	<b>11.1</b>	<b>At least 100 individuals with developmental disabilities and their families will receive information on available housing options, annually.</b>

<b>Goal 12</b>	<b>HOUSING DEVELOPMENT</b>	<b>Affordable and accessible housing units are developed in local communities to expand housing options for individuals with developmental disabilities.</b>
	<b>12.1</b>	<b>The Council will collaborate with local non-profit housing corporations to monitor and influence the housing plans of municipalities to reflect the needs of individuals with developmental disabilities. This will include publicizing and opposing any incidents of “not in my back yard” (NIMBY) that are made known to the Council, which will then collaborate with federal partners, advocates, public interest law firms, and others to ensure that the media and government officials are aware of such incidents.</b>

<b>Goal 13</b>	<b>GENERIC SERVICES</b>	<b>Individuals with developmental disabilities and their families have access to community based services and supports available to the general population (such as recreation, transportation, childcare, etc.) that enable them to live productive and inclusive lives.</b>
	<b>13.1</b>	<b>The Council will collaborate with and provide advice to local community agencies and organizations –including child care, recreation, transportation and others - to protect the rights of individuals with developmental disabilities and ensure their inclusion in the community.</b>

<b>Goal 14</b>	<b>PUBLIC POLICY</b>	<b>Public policy in California promotes the independence, productivity, inclusion and self-determination of individuals with developmental disabilities and their families.</b>
	<b>14.1</b>	<b>In taking and communicating the Council’s position on proposed state and federal legislation and proposed regulations that impact people with developmental disabilities, legislators and local officials will be educated and informed on issues that impact the lives of individuals with developmental disabilities. Legislative staff will be encouraged to utilize the expertise of the Council and staff on issues that impact the community.</b>

<b>Goal 15</b>	<b>MULTI-CULTURAL</b>	<b>Individuals with developmental disabilities and their families have access to information and resources in ways that reflect their language and cultural preferences.</b>
	<b>15.1</b>	<b>Materials developed by the Council will be translated into threshold and plain languages.</b>