



**CYCLE 39 GRANTS**  
**State Plan Committee Recommendations**  
**To State Council**  
**For July 22, 2016**

The State Plan Committee is recommending the following Cycle 39 Grants by Regional Office as:

<u>Regional Office</u>	<u>Goal Area</u>	<u>Applicant Name/Number</u>	<u>Dollar Amount</u>
North Coast	No Selection	NA	NA
North State	No Selection	NA	NA
Sacramento	Self- Advocacy	SCD-03-03	\$16,000
North Bay	Early Intervention	SCD-04 -01	\$20,000
Bay Area	Formal & Informal Supports	SCD-05-01	\$20,000
North Valley Hills	No Selection	NA	NA
Monterey Bay/Silicon Valley	Employment	SCD-07-01	\$20,000
Sequoia	Self-Advocacy	SCD-08-04	\$19,500
Central Coast	Employment	SCD-09-01	\$20,000
Los Angeles	Health & Safety	SCD-10-02	\$19,960
Orange County	Employment	SCD-11-02	\$20,000
San Bernardino	No Selection	NA	NA
San Diego and Imperial	Self-Advocacy	SCD-13-03	\$19,980



Regional Office:	Sacramento	
Goal Areas Approved by SPC:	Self-Advocacy	Employment
Applicant Number:	SCD-03-03	
Number of Proposals Received:	4	
Goal Area Proposed:	Self-Advocacy	
Dollar Amount of Proposal:	\$16,000	
Fund Allocation:	Direct Costs- 33%; Consultants – 54% and Other Expenses- 13%	
Number of People Served :	120 subjects and 300 transition students	
Proposal Narrative:	<p>A visual narrative of college experiences of students with developmental disabilities through video interviews of up to 120 students who are currently in college, graduate school, certificate program, looking for work or are employed. The main goal of this project is to create a visual experience roadmap for college students with developmental disabilities so they can learn self-advocacy and other tools to be more successful in college and employment.</p>	
Proposal Outcome/Output:	<p>A video library of college experiences that can be readily accessible on the web and allow current and prospective students to research a particular issue by topic. Goal: 120 interview subjects first year.</p> <p>A virtual peer-to-peer mentoring group on Facebook that assists new and current students with advice and functions as a real time support community. This group can address both 'advocacy, employment and education questions. Emergence of leaders and facilitators in the group. Goal: 30 mentors.</p> <p>An animated movie and booklet that can be used to introduce High School and transition program students to college self-advocacy and how it can benefit them in college and beyond. Goal: 300 transition students (12 months)</p>	



Regional Office:	North Bay	
Goal Areas Approved by SPC:	Early Intervention	Health and Safety
Applicant Number:	SCD-04-01	
Number of Proposals Received:	4	
Goal Area Proposed:	Early Intervention	
Dollar Amount of Proposal:	\$20,000	
Fund Allocation:	Direct Costs: 73%; Other Expenses– 17%; Indirect Costs- 10%	
Number of People Served :	12	
Proposal Narrative:	<p>This project proposes an inclusive, interactive social skills developmental play group program to serve children with special needs who struggle in their ability to relate and communicate with others. The service is inclusionary as it is open to children aged 3 to 5 who have intellectual and/or developmental disabilities as part of best practices. This type of service is based on a blended model of the Integrated Play Group (Pamela Wolfberg) and some components of the DIR (Directional Individual Relational) model (Dr. Stanley Greenspan) which were both designed to equip children with social skills through interaction with others. The unique components of the play groups will pair neuro-typical peers with special needs peers at a 2:3 ratio, within an interactive play environment. The proposed project will help the participating children with special needs and their families identify areas where social skills are lacking and help them with strategies to strengthen the child's skills in creating and maintaining relationships, thereby improving their quality of life measures of improvement will be determined using the Social Emotional Developmental Ladder developed by Dr. Stanley Greenspan and the DIR model.</p>	

<p>Outcome/Output:</p>	<p>The proposed project will serve 12 children with special need within a 12 month period with a 75% success rate as measures by pre and post play group assessment questions. The success indicators after the first 3 month iteration will include: Gains in social interaction and play detected for the 2 novices. Novices will have generalized to other social settings involving peers at end of a school year Both success indicators to be measured as evidenced by any change in the novices social emotional developmental ladder scale.</p> <p>Success indicators predicted at the end of the funding period will be: An additional 5 families will be connected to the existing support group system for children with special needs and their families</p> <p>An additional 2 partners will be identified and committed to the ongoing enhancement of the playgroup and support system foundations</p> <p>Funding will be identified to continue the CNP playgroup for another 1 to 3 years.</p>
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Regional Office:	Bay Area	
Goal Areas Approved by SPC:	Early Intervention and Education	Formal & Informal Community Supports
Applicant Number:	SCD-05-01	
Number of Proposals Received:	3	
Goal Area Proposed:	Formal & Informal Community Supports	
Dollar Amount of Proposal:	\$20,000	
Fund Allocation:	Direct Costs-65%; Consultants-15%; Indirect Costs-10%; Other Expenses-10%	
Number of People Served :	655 through all three conferences	
Proposal Narrative:	<p>Our proposal entitled "Empowering Asian Families" addresses State Plan Goal 5 (Early Intervention, Education, Transition and Post- Secondary Education) and Goal 6 (Formal and Informal Community Supports), specifically targeting underserved Asian families residing in the East Bay of northern California who speak primarily Cantonese, Mandarin, Vietnamese and Korean languages. Our proposal consists of organizing three educational conferences with accompanying resource fair from October 2016 through September 2017 to empower monolingual Asian families living with developmental disabilities to increase their access to information and resources. Each conference will target a specific age group of consumers and their families:</p> <ol style="list-style-type: none"> <li>1. Conference #1: Birth through 12 (Fall 2016)</li> <li>2. Conference #2: 13 through 22 (Spring 2017)</li> <li>3. Conference #3: 22 and above (Summer 2017)</li> </ol>	

<p>Outcome/Output:</p>	<p>As a result of the three proposed educational conferences for Cantonese, Mandarin, Vietnamese and Korean families impacted by developmental disabilities, conference participants belonging to these four underserved language groups will have increased knowledge of their disability rights with respect to special education, Regional Center services and other community supports available to mainstream English-speaking communities so that they will have easy and equal access to all the support and services available to each respective age groups. Another outcome we expect is with the increase in information and knowledge of available services, the Regional Center Purchase of Services expenditures for these four Asian language groups will gradually increase in the coming fiscal years. With greater access to advocacy through Disability Rights California and other advocacy groups, we hope to see more Asian students utilizing advocacy to secure inclusive education in the least restrictive learning environment during their school career as well as gain competitive employment upon graduation.</p>
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Regional Office:	Silicon Valley/Monterey Bay	
Goal Areas Approved by SPC:	Employment	Housing
Applicant Number:	SCD-07-02	
Number of Proposals Received:	2	
Goal Area Proposed:	Employment	
Dollar Amount of Proposal:	\$20,000	
Fund Allocation:	Direct Costs- 100%	
Number of People Served :	10-12	
Proposal Narrative:	<p>The goal of the project for which we are requesting funding is to expand a highly successful program, a workforce initiative and High School Transition program for adults with developmental disabilities, to Monterey County. The program is a nine-month intensive school-to-work transition program which includes: classroom instruction; career exploration; hands-on training through worksite interdepartmental rotations; job search supports; and post-placement supports (after competitive integrated employment is secured). This project will have a significant impact on people with I/DD by helping them to overcome barriers to competitive integrated employment and become successfully employed in their communities.</p>	

Proposal Outcome/Output:	<p>The sole definition of a successful outcome is competitive employment in an integrated setting for each intern. An integrated setting means working alongside co-workers with and without disabilities. The employment secured must also be year-round (not seasonal) work, for at least 16 hours per week, and at minimum wage or higher.</p> <p>We expect to serve 10-12 individuals with I/DD during the one-year grant period, as there will be one cohort of interns who will go through the nine-month intensive internship during that time.</p>
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Regional Office:	Sequoia	
Goal Areas Approved by SPC:	Self- Advocacy	Formal and Informal Community Supports
Applicant Number:	SCD-08-04	
Number Of Proposals Received:	5	
Goal Area Proposed:	Self-Advocacy	
Dollar Amount of Proposal:	\$19,500	
Fund Allocation:	Direct Costs-33%; Other Direct Expenses- 67%	
Number of People Served :	100 families	
Proposal Narrative:	<p>This program is unique in that it will provide extensive training and support to parents and guardians of children and young adults with special needs to learn the skills necessary for special education advocacy so that they may assist families with children whom are served under an IEP. Although we will serve all families, they are especially interested in helping significant populations with the least parent turnout for their children's Individualized Educational Plan. Parents who are second language learners, of poverty level and who were African American, Hispanic or Asian had the lowest parent meeting attendance of all subgroups. Advocates will assist all parents in IEP planning, meeting preparation as well as provide linkages to various community resources for additional support.</p>	

<p>Outcome/Output:</p>	<p>Provide Parent Advocates specialized training in the provisions of the Individuals with Disability Act, Lanterman Act, the meaning of Free and Appropriate Public Education, understanding educational assessments and how to read them, defining the Least Restrictive Environment for each child's specific need(s), student-centered Transition Planning, and due process. After Training, PA's will assist Kern County Families in preparing for their children's Individualized Educational Plan, advocating services, letter-writing meeting attendance, etc. Upon the announcement and campaign of the program, the amount of families with children whom have I/DD, and young adults with I/DD whom receive our services will begin to grow.</p> <p>The Project will seek to train ten to twelve Parent Advocates to service Delano, Arvin, Lamont, Shafter, McFarland, Tehachapi and Bakersfield. After extensive training, the Parent Advocates will serve approximately 10 to 30 families in one year. The PAC program will directly support- fully operational, 360 families its first year.</p>
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Regional Office:	Central Coast	
Goal Areas Approved by SPC:	Employment	Housing
Applicant Number:	SCD-09-01	
Number of Proposals Received:	2	
Goal Area Proposed:	Employment	
Dollar Amount of Proposal:	\$20,000	
Fund Allocation:	Direct Costs- 43%; Consultant Costs- 43%; Other Direct Expenses- 14%	
Number of People Served:	Curriculum Based Product	
Proposal Narrative:	<p>Through this program we aspire to develop new curriculum, entitled "Individual Self-Determination and Family Supports for Employment (ISFSE)." The curriculum will incorporate the recommendations of individuals and family members whom the organization serves. The goal of the ISFSE project is to develop curricula that will positively impact attitudes and increase knowledge around competitive integrated employment for individuals with I/DD and their families utilizing a three-prong approach: self- determination, teaching realistic and achievable goal development strategies, and addressing the heterogeneous levels of cultural capital amongst job seekers and their families. The project result will be both hard-copy and electronic curricula in the form of comprehensive handbooks that will be available to other providers of employment services for individuals with disabilities throughout the state.</p>	

<p>Outcome/Output:</p>	<p>Both individual and family participants will have an increased positive attitude and outlook toward competitive integrated employment.</p> <p>Participants will demonstrate understanding in self-determination and self-awareness strategies through the use of scenarios which elicit the application of problem solving skills and informed choice. In addition, they will gain insights to mitigating the cultural capital gap from successfully employed individuals with I/DD.</p> <p>Individuals will gain the skills to set, pursue, and self-monitor progress of their individualized, realistic, and achievable goals. Family members will learn to cultivate and scaffold throughout the individual's goal development process.</p> <p>Individuals and family members will gain an increased understanding of resources, services, and knowledge needed to progress toward their employment goals.</p> <p>Individuals will master employment readiness skills (soft and technical), personal finance and benefits work incentives, career exploration, and eventually (post curriculum completion) career experience in community field placements with the ultimate outcome to be an increased percentage of individuals obtaining community employment.</p> <p>Surveys will be developed/conducted to assess the program/curricula effectiveness.</p>
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Regional Office:	Los Angeles	
Goal Areas Approved by SPC:	Housing	Health and Safety
Applicant Number:	SCD-10-02	
Number of Proposals Received:	3	
Goal Area Proposed:	Health and Safety	
Dollar Amount of Proposal:	\$19,960	
Fund Allocation:	Direct Costs-85%; Consultant- 10%; Other Direct Expenses-5%	
Number of People Served :	200	
Proposal Narrative:	<p>The goal of the proposed program is to protect effectively, assist, expand health and safety training, and empower individuals with intellectual/developmental disabilities within the community. Our program will achieve this in two ways: Provide highly targeted information, techniques, and tools to (1) increase knowledge and awareness for people with intellectual/developmental disabilities about the availability of and access to health and public safety-related services and supports, and (2) to educate and train first responders to more effectively recognize, communicate, and safely assist individuals with intellectual/developmental disabilities while honoring these individuals' rights to safely navigate and contribute to their community. We will do this by providing a total of ten (10) training sessions to individuals with intellectual/developmental disabilities and first responders. Our two-prong approach is (1) to conduct five 2-hour disability-related health and safety awareness trainings for individuals with intellectual/developmental disabilities and (2) to conduct five 90-minute trainings for first responders to increase their knowledge and skills of better recognizing, communicating, and safely assisting individuals with intellectual/developmental disabilities. All aspects of our proposed program are built around evidence-based</p>	

	prevention and intervention strategies, approaches, techniques, and tools.
Outcome/Output:	<p>Final outcomes of the proposed First Responder Disability Awareness Training include the following: At the completion of the proposed program, we will have achieved an effective and successful transfer of knowledge of our trademark curriculum to first responders who participate across the (4) First Responder Disability Awareness Training.</p> <p>70% of the first responders who participated in our proposed program will report an increase in their knowledge and awareness of individuals with developmental/intellectual disabilities.</p> <p>At the completion of the proposed program, they will have achieved effective and successful transfer of knowledge of their trademark curriculum to individuals with intellectual/developmental disabilities who participate across the 4 Consumer Health &amp; Safety Training.</p>



Regional Office:	Orange	
Goal Areas Approved by SPC:	Employment	Housing
Applicant Number:	SCD-11-02	
Number of Proposals Received:	4	
Goal Area Proposed:	Employment	
Dollar Amount of Proposal:	\$20,000	
Fund Allocation:	Direct Costs- 30%; Consultant- 60%; Indirect Costs- 10%	
Number of People Served :	30	
Proposal Narrative:	<p>The project intends to educate and promote competitive employment by providing much needed training to Orange County, CA. The vision is a community with the expertise and resources to increase employment opportunities for people with I/DD. In order to expand staff expertise and resources, this project will provide specific job development techniques and strategies to interested organizations that provide community services. Training will cover job matching, job carving, self-management systems and looking at job development from the business perspective. In addition, by providing information and resources to people with I/DD and their families, The project intends to address benefits and barriers to employment. The goals are to promote the upside of competitive employment by providing four workshops to people with developmental disabilities and their families throughout Orange County, CA, specifically targeting high poverty areas. The impact will be increased employment.</p> <p>Our project intends to educate and promote competitive employment by providing much needed staff training to Orange County organizations. Our vision is a community with the expertise and resources to increase employment opportunities</p>	

	<p>for people with I/DD in Orange County, CA. In addition, by providing information and resources to people with I/DD and their families, we intend to address benefits and barriers to employment. In order to expand staff expertise and resources, we will provide specific job development techniques and strategies to interested organizations that provide community services. Competitive integrated employment is successful when consumers, families, staff, and agency are united and this grant addresses all of the key components.</p>
Outcome/Output:	<p>Individuals currently competitively employed with I/DD in Orange County, California- 1,935</p> <p>Placement increases of 30 individuals will be for targeted impoverished areas of Orange County, California.</p> <p>The specific timeline for contract work will be from October 1, 2016 to September 30, 2017. Quarterly training of people with I/DD and their families and circles of support will conclude by August, 2017.</p>





Regional Office:	San Diego	
Goal Areas Approved by SPC:	Employment	Self-Advocacy
Applicant Number:	SCD-13-03	
Numbers of Proposals Received:	4	
Goal Area Proposed:	Self-Advocacy	
Dollar Amount of Proposal:	\$19,980	
Fund Allocation:	Direct Costs- 92%; Consultant- 6%; Indirect Costs- 2%	
Number of People Served :	120	
Proposal Narrative:	<p>This proposed program will provide continued learning, leadership skills, and networking opportunities for individuals with intellectual/developmental disabilities, thereby strengthening their self-advocacy. During these conferences identified self-advocates will learn how to take steps towards preparing themselves to start their own self-advocacy group and to understand better and utilize the goals and objectives of the State Council Plan. Effective and respected Peer Educators will also be involved in the program as guest speakers and mentors to share their personal experience with forming self-advocacy groups. The conference series will address various aspects of creating and implementing a self-advocacy group, from interpersonal communication issues to aspects of advertising their common goals through social media outlets. We will take a two prong approach to organizing each of the six (6) proposed Self-Advocacy &amp; Leadership Training Conferences. During each 6-hour conference, we will devote the first four-hours of the conference to educating consumers about self-advocacy and leadership issues while the final two-hours of each conference will be focused on teaching consumers about how to form a self-advocacy group. Each of the six (6) 6-hour Self-Advocacy &amp; Leadership Training Conferences will be held in</p>	

	<p>different locations throughout the Regional Office 13 region on a quarterly basis and will provide topical learning objectives, as well as networking opportunities. We anticipate that exponential numbers of consumers will be greatly impacted by the implementation of these self-advocacy and leadership conferences leading to more cohesive self-advocacy groups and a higher quality of life and overall life experience. All aspects of our Self-Advocacy &amp; Leadership Training Conference is built around evidence-based prevention and intervention strategies, approaches, techniques, and tools to assist and empower individuals with intellectual/developmental disabilities while honoring their individuals' rights to proactively navigate and contribute to their community.</p>
Outcome/Output:	<p>To determine the effectiveness of our proposed program, we have several methods of soliciting feedback to gauge the efficacy of our conferences. The outcome evaluations of the proposed Self-Advocacy &amp; Leadership Training Conference will include the following:</p> <p>Pre and posttest surveys, which are designed for consumers/individuals with intellectual/developmental disabilities. The test surveys consist of multiple choice questions and short answers measuring the before and after understanding of the subject matter presented throughout conference workshops.</p> <p>A program evaluation will be given to each conference participant in order to measure the efficacy and outcome measures of each of the six (6) proposed conferences.</p> <p>Our proposed conferences will also serve as a forum for individuals with intellectual/developmental disabilities to share their personal challenges and concerns. Every conference workshop topic will cover issues related to the creation, implementation of self-advocacy groups.</p> <p>Interactive exercises and role-play scenarios will assist participants in identifying their relevant strengths and areas of interest or concern that can then be translated into the creation of a self-advocacy group with a sustainable mission and purpose.</p>