

# Family Assistance Clinic

Serving Families, Children & Adults with Disabilities in San Diego County

## Family Assistance Clinic Workshop Schedule

January 12, 2012 {10a - 12p}

### Healthcare Connections:

Understand Insurance Options  
Maximize Your Healthcare Services

Clinic: 1:00pm - 5:00pm

Assistance Request Form due January 6th

February 2, 2012 {10a - 12p}

### State & Federal Public Programs:

Accessing Medi-Cal (Social Insurance)  
& In Home Support Services (IHSS)

Clinic: 1:00pm - 5:00pm

Assistance Request Form due January 27th

March 1, 2012 {11a - 1p}

### Parent to Parent:

Peer Mentors & Parent Leaders

Clinic: 1:30pm - 3:00pm

Assistance Request Form due February 28th

Location: Area Board Office  
8880 Rio San Diego, Suite 250  
San Diego, CA 92108

To Schedule Clinic Appointments, Register for  
Workshops and to request an Assistance  
Request form...**Contact Area Board XIII**  
at: 619.688.3323

## Clinic Services... Technical Assistance Resources Family Support

Individual Family Service Plan (*IFSP*)  
Individual Education Program (*IEP*)  
Individual Program Plan (*IPP*)  
Regional Center (*Eligibility/Services*)  
In Home Support Services (*IHSS*)



Appointments are scheduled for 45 minutes

\* **Bilingual (Spanish) staff available**  
Please indicate your needs in advance

A Community Collaboration to Improve Access to Programs, Services and Quality of Life  
Sponsored by AREA Board XIII, Disability Rights CA  
Exceptional Family Resource Center